

Research Note

A review of research on Technical Intern Trainees' health and life problems

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Abstract

Objective: It is to examine future issues by clarifying foreign technical intern trainees' health and life problems in Japan. It will contribute not only to their personal health management perspective, but also to the development of a system that supports health, life and a comfortable working environment.

Method: The search was performed using the Japanese medical database ICHUSHI, combining the keywords "foreign workers", "technical internship system", "technical intern trainee", "health" and "life". The contents written about the health and life problems of technical intern trainees were extracted so as to make one sentence one meaning, and used as an analysis unit (code). After that, the code was analyzed by a qualitative inductive method such as subcategory and category.

Results: Eighteen references were selected, and 5 categories and 16 subcategories were extracted from 104 codes. The categories were (1) Communication problems, (2) Health problems, (3) Differences from life and culture, (4) Labor environment problems, and (5) Human rights problems. Communication problems (1) were the most frequent with 33 codes, the subcategories were "lifetime communication", "communication related to consultation", "interpersonal problems", and "communication at work".

Discussion: It has become clear that the problems of their living in Japan are diverse. It is required to improve human relations in the workplace and daily life, and it is necessary to communicate closely with them.

Keywords : Technical Intern Trainee, health problems, life problems